

PATIENT INFORMATION

DERMAL FILLERS



PLEASE NOTE: Gemma Montgomery Skin uses the Juvederm® range of fillers only, manufactured by Allergan. This leaflet will discuss the juvederm range in more detail and the benefits and potential adverse events to treatment.

WHAT IS A DERMAL FILLER?

The Juvederm® range of fillers are temporary, non-animal based, hyaluronic acid, sugar based transparent gel. Lidocaine is added to the gel to make the procedure more comfortable.

You should be aware that the addition of 0.3% lidocaine (HC1) can produce a positive result in anti-doping tests.

WHERE CAN DERMAL FILLERS BE USED?

Dermal fillers can be used to lift and soften lines, contours, wrinkles and folds and restore loss of facial volume. Common areas dermal fillers can treat include, frown lines, nose to mouth lines, upper lip lines, jowls and cheeks. They can also be used to hydrate and add luminosity to crepey skin on the face, neck, décolletage and hands and enhance the lips.

HOW WILL I KNOW WHICH FILLER IS RIGHT FOR ME?

Each filler within the juvederm® range is categorized according to its lifting capacity. Depending on the amount of lift required and the area which requires softening will determine the product choice within the range. For instance the type of filler required in the frown area would be different from one that would be placed within a cheek. Your injecting nurse will determine this during an in-depth consultation and will agree a treatment plan and price with you prior to treatment.

HOW LONG WILL THE PRODUCT LAST?

On average the manufacturers claim within their literature that expected longevity with their dermal fillers is around 12 months and up to 18 months with the more robust fillers used within the cheek area. It will also depend on the grade of lifting capacity and how much is used. Individual lifestyle factors can also affect longevity such as smoking, sun damage, alcohol and rapid weight loss.

It must be noted that during consultation your nurse injector can give an estimation only of how much product will be required to gain the desired softening. It must be remembered that each individuals skin responds and lifts differently and sometimes more product may be required to meet your needs and gain maximum results, but sometimes not.

HOW IS THE FILLER ADMINISTERED?

Following consultation the area to be injected is cleansed with chlorhexidine solution and a topical anaesthetic cream applied on the area to be injected for 20 minutes prior to treatment for your comfort. Following this the nurse injector will examine your face and sometimes mark with pencil points areas to be injected. Injection into the skin is then made at various depths and the gel is injected in tiny amounts to instantly lift the skin depression to give a more smooth and youthful appearance.

ARE THERE ANY POTENTIAL ADVERSE EVENTS ASSOCIATED WITH THE PROCEDURE?

As with any needling procedure after injection inflammatory skin reactions can occur giving rise to redness, swelling, rash or bruising. This may be associated with itching and pain on application of pressure. Please note anything from 2 days to 2 weeks can be considered normal for these things to settle. Poor filling effect, haematoma, lumps or nodules can appear at the injection site and very rarely discolouration or lightening of the skin have been reported. Although rare, cases of necrosis (cell death), abscess (collection of pus), granulomas (foreign body reactions) and immediate or delayed hypersensitivity (allergic reactions) have been reported after hyaluronic acid injections of lidocaine.

Please note if inflammatory reactions persist for more than 1 week or any other side effects appear, your treating practitioner should be informed immediately who will then arrange for you to come to clinic for assessment. Your practitioner will always arrange a follow up appointment for 2-3 weeks after your initial treatment to review your progress.

Whilst these side effects are rare, if they should occur they may require treatment for several months before resolution.

ARE THERE ANY CONTRAINDICATIONS TO TREATMENT?

During consultation you will be asked to complete a medical questionnaire to assess your suitability for treatment. Should your treating practitioner identify any contraindications then it won't be possible to treat you. Please note if you are pregnant, actively trying to conceive or breastfeeding treatment is not advised.

ARE THERE ANY AFTERCARE INSTRUCTIONS

After treatment you must avoid applying makeup, alcohol consumption and extreme facial expression for 12 hours. Please avoid extreme sun exposure, UV light (sunbeds) temperatures below 0 degrees, saunas and steam rooms for 2 weeks. It is also advisable to avoid strenuous activity or exercise for 24 hours and to avoid massaging the area unless instructed to do so by your practitioner. Try to sleep with the head elevated as to avoid sleeping on the injected area for 1 to 2 days.

I CONFIRM I HAVE READ AND UNDERSTOOD THE ABOVE INFORMATION (please tick)

SIGNATURE:.....

PRINT NAME:..... **DATE:**.....